

CAYMAN ISLANDS

Little Cayman Heritage Sites and Trails

Little Cayman is the smallest and most tranquil of the Caribbean's three sparkling jewels known as the Cayman Islands.

Its ten square miles of unspoiled habitat and protected heritage offer the ultimate escape. Explore, relax and bask in perfect natural beauty.



The Cayman Islands lie 480 miles due south of Miami, just beyond Cuba and 189 miles northwest of Jamaica.

CAYMAN ISLANDS DEPARTMENT OF TOURISM

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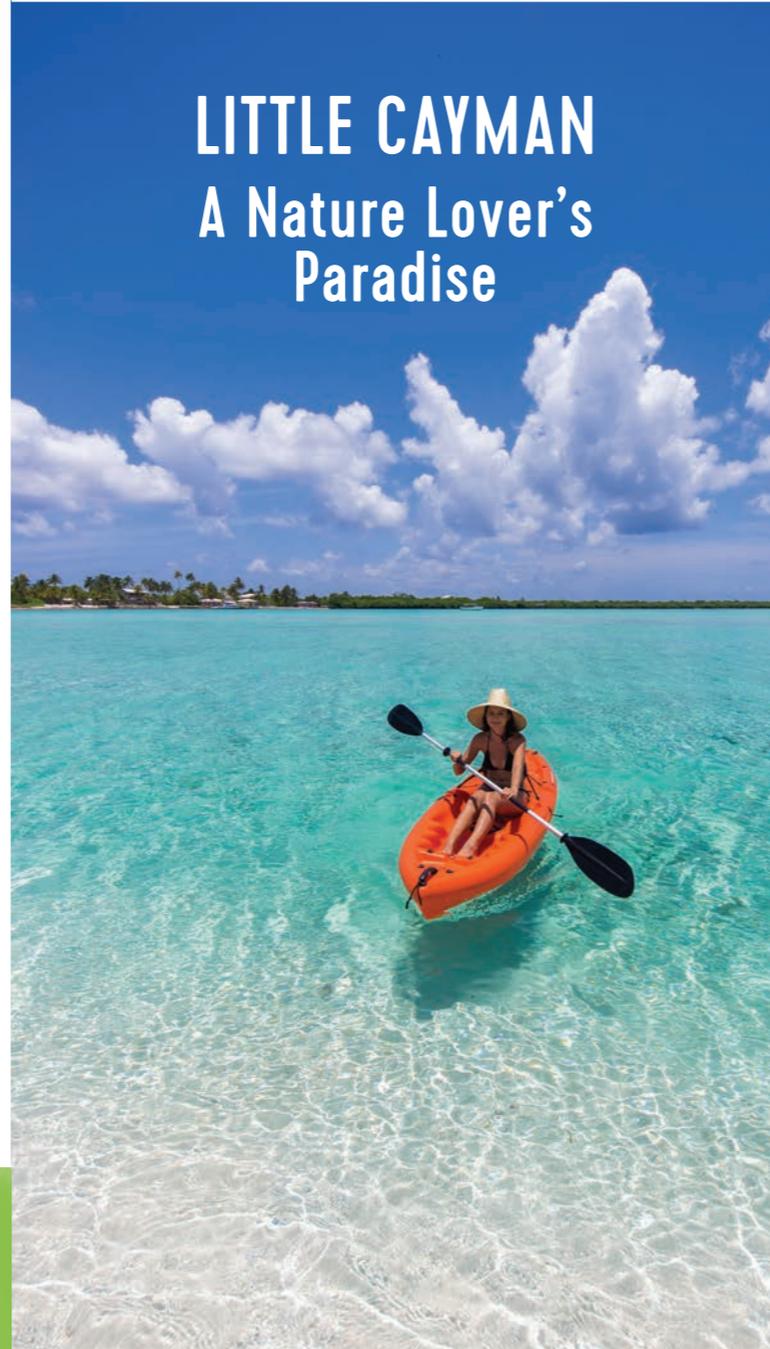
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For more information, visit us at
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Heritage Sites & Trails



LITTLE CAYMAN A Nature Lover's Paradise

Little Cayman's natural beauty



Welcome to Little Cayman—

the tiny pristine island that is our home. Here natural beauty and cultural history remain closely

interwoven and our concessions to civilisation are few.

EXPLORE a nature lover's paradise where the sound of the outdoors surrounds you on a hike along the Salt Rock Nature Trail. Discover orchids, butterflies and birds in the forest; and a pirates well and the remnants of phosphate mines from the 1800s.

THE CALL OF THE SEA is irresistible here. You can snorkel in the shallow reef-protected sounds or dive the famous Bloody Bay Wall. We also offer both deep-sea and fly-fishing. And for a quiet day where you picnic and laze your time away, take a kayak trip to Owen Island.

NATURAL, HISTORIC AND CULTURAL SITES are marked on the map on the reverse page.

Our ceramic signs and ecology panels mark all sites of interest, while carefully constructed viewing platforms provide panoramic views of the main wetland lagoons.

OUR NATIONAL TRUST HOUSE has a wealth of information on these and other natural habitat and historic sites. Learn why our island has ecological significance or use the powerful telescopes to gain detailed glimpses of life in the red-footed booby colony.



Green heron



BOOBY POND is a designated wetland of international importance, a RAMSAR site, that protects the largest colony of red-footed booby – in the Caribbean, a magnificent frigatebird colony and a large heronry. The reserve is also a winter haven for large numbers of migrant land-birds and herons, waders, shorebirds and terns.

A BIRD WATCHER'S DREAM.

The island is home to up to 200 species including 20,000 red-footed boobies and an increasing population of the threatened West Indian whistling-duck.

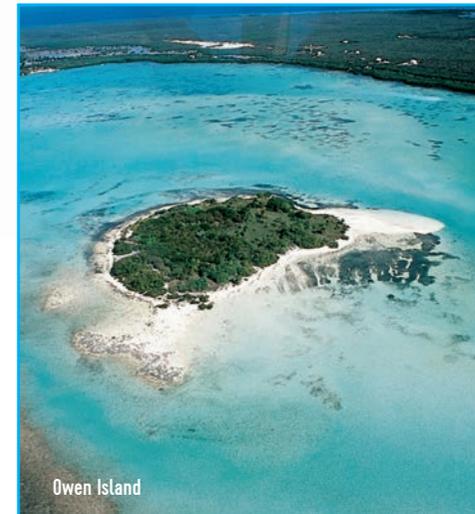
STROLL THROUGH BLOSSOM VILLAGE and feel the history of its single, narrow street echoing from the traditional Caymanian houses that line it. Call in at our Museum, and visit our village park – the site of the Cayman Islands first settlement

in the 1600s.

WE STRIVE FOR NATURAL PERFECTION.

Please leave the flora and fauna untouched and our beaches and trails pristine. We want our island to still be beautiful when you return.

Red-footed booby



Owen Island

PHOTOS: James Tibbets and Will Burard-Lucas

LITTLE CAYMAN Nature & Historic Sites



1. **Paradise Villas Resort; Hungry Iguana Restaurant** – Iguanas resident. Good photography.
2. **Gladys B. Howard Little Cayman National Trust House** – Information centre, library, gifts; viewing platforms, telescopes and interpretative signs on the red-footed booby. Magnificent frigatebird colonies and waterbirds. Photography. Hours of Operation: Monday – Friday 3:00pm – 5:00pm, closed off season, tours by appointment.
- 3A. **Clinic** – Call (345) 948-0072 for hours of operation. Emergency 911.
- 3B. **Little Cayman Education Service**
- 3C. **Hurricane Shelter**
- 3D. **Little Cayman Police Station**
4. **Village Square** – Shops, bank and guest area.
5. **Blossom Village Community Park** – Shaded picnic tables and children's play area. Site of first brief settlement of the Cayman Islands in 1660s.

6. **Little Cayman Museum** – Monday – Thursday 1:30pm – 3:30pm, Friday 2:00pm – 5:00pm, Saturday 10am – Noon, Sunday closed.
7. **Historic Caymanian Houses and Graveyard** – Walk along a village street that has hardly changed in 60 years. In the graveyard many of the headstones tell of the earliest settlers to Little Cayman.
8. **Little Cayman Beach Resort** – Booby Pond viewing area.
9. **The Club Condominiums**
10. **Booby Pond** – Colony of 20,000 red-footed boobies (the largest in the Caribbean) and 350 magnificent frigatebirds; major breeding and

overwintering site for herons, shorebirds, waders and ducks, including the endemic West Indian whistling-duck. Owned and protected by the National Trust, and a RAMSAR site, a wetland of international importance.

11. **Conch Club Condominiums**
12. **Bird Outlook on Booby Pond** – Opposite Southern Cross Club; excellent for evening bird viewing and photography.
13. **Southern Cross Club Diving and Fishing Resort**
14. **Owen Island** – Scenic cay on the southern edge of South Hole Sound Reef. Swimming, picnics, tropical plants, shorebirds and seabirds.
15. **South Hole Sound** – Swimming, sailing, snorkelling, fly fishing, shore walks and good bird watching on the shore and fringing reef.
16. **Kingston Bight** – Resident and migrant landbirds in the shrubland and forest. Olivine Kirk Drive, Guy Banks Road, Spot Bay Road.
17. **Sunset Cove at Little Cayman**



18. **Tarpon Lake** – Boat dock, tarpon fishing and bird watching; waterbirds around the lake and landbirds, especially migrant warblers in the mangrove forest close to the road.
19. **South Coast** – Shore walks, seabirds, fly fishing, Charles Bight and Rosetta Flats.
20. **Easterly Ponds** – Seasonal bird watching, bluff dry forest views.
21. **Coot Marsh** – Herbaceous freshwater wetland, seasonal bird watching, look for unusual migrants. Cotton plants flower profusely in spring.
22. **Muddy Foots** – Named after Governor Modyford of Jamaica, 1660s – 1670s.
23. **Sandy Point Pond** – Bird watching and sunset views. Photography.

24. **Point of Sand** – Swimming, snorkelling, beach picnics, view of Cayman Brac. Beware the current at the reef mouth. Eastern bluff.
25. **East End Point Lighthouse** – Eastern bluff, Cayman Brac and sunrise viewing area, endemic plants.
26. **Sink Holes Viewing Area** – Panoramic views over the endemic xeric shrubland of the eastern bluff explained in an interpretative sign. Photography. Walking inland on the karstic limestone is not recommended. North Coast Road, Mary's Bay.
27. **Grape Tree Ponds** – Viewing platform and bird watching, especially West Indian whistling-duck, on extended mangrove wetland; shore walks. Photography.
28. **CCMI** – Central Caribbean Marine Institute, Little Cayman Research Station is a non-profit organisation whose mission is to sustain marine biodiversity through research, education, outreach and conservation programs. Home of Coral Reefs Evacuation and Warning System (CREWS) Bouy. Guided tours by arrangement. Great snorkelling.

29. **Jackson's Pond** – Large mangrove fringed pond, viewing area allows excellent bird watching of herons, ducks, rails, stilt, plovers and sandpipers. Photography.
30. **Jackson's Point Beach** – Path opposite Olivine Kirk Drive. Mini-wall is 50 yards from the shore; the drop-off (wall) is a further 100 yards for shore dives and snorkelling. Must be a strong swimmer; use a dive flag, booties and fins. Do not attempt when the sea is rough.
31. **Bloody Bay** – Landbirds in the coastal mahogany forest. The drop-off (wall) is closest to the shore here, but shore divers and snorkellers must first swim through a fringe reef. Get local orientation on how to return to the shore through the reef. Must be a strong swimmer; use dive flag, booties and fins. Do not attempt when sea is rough.
32. **Spot Bay Pond** – Viewing area; West Indian whistling-duck breed here and feed on the pond at dusk. Good nature and bird watching.
33. **Mule Pens** – Walled enclosure built in the late 1800s, used to corral mules that pulled phosphate-laden box cars on a narrow gauge railway to the Salt Rock dock.

34. **Salt Rock Dock** – Deep water harbour, first used by sailing schooners from the mid 1800s. Swimming not recommended.
35. **West End Lighthouse** – Sunset views; arrival point for migrant shorebirds; boobies and frigatebirds feed offshore.
36. **Mahogany Bay Estates** – Iguana are often seen on the road. Resident and migrant landbirds in the forest. No feeding of Iguanas.
37. **Salt Rock Nature Trail** – This historic right-of-way was the footpath from Blossom Village to Salt Rock dock from the 1840s. Excellent for endemic and migrant landbirds, reptiles including iguanas, butterflies and moths, tropical plants including orchids and bromeliads. Entrance/exit at Salt Rocks / Spot Bay Road. Level: easy to moderate.

38. **Westerly Ponds** – Several roadside viewing areas of wetland ponds and temporary pools on ironshore rock. Good for herons and rare waterbirds, and neotropical migrant landbirds (especially warblers) in the surrounding shrubland.
39. **Preston Bay Boardwalk** – Nesting habitat for Sister Islands Rock Iguanas.
40. **Pirates Point Resort Ltd.**

**For all emergency services, please dial 911.*



MAP LEGEND

- Primary Road
- Nature Trail
- Reef Fringe
- Mangrove
- Forest & Shrubland
- Accommodations
- Post Office
- Gas Station
- Speed Limit
- Iguana Habitat