Dream in Cayman.

Cayman Islands
Grand Cayman | Cayman Brac | Little Cayman
ADVENTURE IS WAITING

The Green’s Breeding Pond
Turtle Touch Tanks
Turtle Lagoon
Predator Reef
Caribbean Free Flight Aviary
Butterfly House
Cayman Street
& Much More...

Meet some of the most majestic and ancient animals in the world and come to experience our wildlife representative of the Cayman Islands and the Caribbean. From hand-feeding colourful birds in the aviary, to seeing sharks being fed, to snorkeling with turtles and fish that sparkle like jewels, there is just so much for you to do at Cayman Turtle Centre.

See and hand-feed some of the beautiful and colourful birds of Cayman and the Caribbean in our Aviary. You may be able to witness busy birds making nests or foraging for food.

At our turtle touch tanks, not only will you learn about the different age ranges you can reach in to touch turtles while they are swimming and playing. Then catch that photo of a lifetime while you give the turtles a stroke!

You can do more than just watch the turtles! Jump in and swim with yearling Green sea turtles and other colourful marine life in our Turtle Lagoon, snorkel and mask are even included.

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Legendary as being one of the world’s premier places to indulge in romance, recreation or relaxation.

Nestled in an unparalleled tropical setting. Offering that luxurious blend of sun-kissed beaches and calm, turquoise seas. World-renowned for dining, snorkelling and diving, the Cayman Islands offers an adventure for people of all ages – and interests. With such a diverse range of pursuits to enjoy and explore, your visit here can be filled with activities, day and night. Do it all. Or do nothing at all, except savour the spectacular view, the warmth of the people and the perfect weather. Either way, one thing is certain, your time in the Cayman Islands will be one you’ll treasure forever. Three islands. Endless possibilities.

GRA N D C A Y M A N
The largest of the three islands. Cosmopolitan Grand Cayman offers a wealth of activities, restaurants, accommodation and attractions. The capital, George Town, offers some of the finest shopping in the entire Caribbean.

CA Y M A N B R A C
Unspoiled and unhurried. An island where breathtaking natural attractions and a rich seafaring heritage will awaken your adventurous spirit. A nature lover’s paradise where diving, birding and snorkelling are celebrated.

L I T T L E C A Y M A N
Tranquil and serene. Blessed with pristine white sand beaches and miles of untouched wilderness. A favourite of divers, naturalists and photographers. Quietly redefining the word paradise, where time stands still.
Our Trio of Islands

The Cayman Islands. Grand Cayman, Cayman Brac and Little Cayman, are located in the Western Caribbean about 150 miles south of Cuba, 167 miles northwest of Jamaica and 460 miles south of Miami, Florida.

Little Cayman

Little Cayman is located five miles west of Cayman Brac and is approximately 10 miles long with an average width of just over a mile. It has an area of about 10 square miles. The island is low-lying with a few areas on the north shore rising about 63 feet above sea level. With fewer than 160 residents, visitors are exposed to adventure in seclusion with the glistening white sand beaches and the feel of a private island.

Cayman Brac

Cayman Brac named for its breathtaking 153 ft bluff, lies about 89 miles northeast of Grand Cayman. It is about 12 miles long with an average width of 1.25 miles and has an area of about 14 square miles. Its terrain is the most spectacular of the three islands making it the ideal getaway for the adventure loving nature enthusiast.

Grand Cayman

Grand Cayman, the largest of the three islands, has an area of about 76 square miles and is approximately 22 miles long with an average width of 4 miles. The island is low-lying, with the highest point 72 feet above sea level.
Airlines
& Gateways

One Short Flight. Nonstop Wonder.

<table>
<thead>
<tr>
<th>Nonstop to Grand Cayman</th>
<th>Flight Time</th>
<th>Nonstop to Grand Cayman</th>
<th>Flight Time</th>
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<tr>
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<td>LONDON/HEATHROW (via NASSAU)</td>
<td>11 HOURS</td>
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<td>MIAMI</td>
<td>1 HOUR 20 MINUTES</td>
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<tr>
<td>BOSTON</td>
<td>3 HOURS 54 MINUTES</td>
<td>MINNEAPOLIS</td>
<td>4 HOURS 36 MINUTES</td>
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<td>CHARLOTTE</td>
<td>2 HOURS 47 MINUTES</td>
<td>MONTEGO BAY</td>
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<td>NEW YORK/JFK</td>
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<td>4 HOURS 30 MINUTES</td>
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<td>ROATAN</td>
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<td>WASHINGTON, DC/DULLES</td>
<td>3 HOURS 13 MINUTES</td>
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<td>KINGSTON</td>
<td>55 MINUTES</td>
<td>NONSTOP FLIGHTS ARE AVAILABLE FROM MIAMI TO CAYMAN BRAC</td>
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</table>

*Seasonal flights, check with airlines for flight schedule.

The Sister Islands of The Cayman Islands

Little Cayman

Tucked away in the exotic arena of the Caribbean is a magical island that makes up the island trio of the Cayman Islands known as Little Cayman. Little Cayman consists of 10 square miles of unspoiled surroundings, including more than a dozen secluded beaches, numerous lagoons, mangrove forests, salt ponds and tropical forests studded with orchids.

It is home to many indigenous species of flora and fauna. We invite you to come and relax with us on this serene tropical paradise.

Cayman Brac

Beneath the cobalt blue waters that surround this charming island, you will find a colourful array of aquatic life. It is believed that hidden treasure still rests below the wrecks and hidden coves. But not to be played down by the phenomenal underwater attraction we possess, is the topside activities and amenities available to anyone who visits our shores.

Cayman Brac is the most easterly of the three islands. With a total land mass of 1.9 square miles, the island is small enough to maintain a peaceful, tranquil atmosphere, but big enough to have a plethora of hidden caves, winding trails and a unique cultural history.

ItsYoursToExplore.com
Guests of the Cayman Islands are required to present a valid passport and must complete an immigration form. If there are any items to declare, guests should also complete a customs declaration form. All guests must possess a return airline ticket. For more information visit www.cbc.gov.ky.

**ENTRY REQUIREMENT**

**BEING BRITISH**

From the landmarks of our first capital Bodden Town, to the tiny Stake Bay Museum and the cricket pitches on Grand Cayman; guests of the Cayman Islands are never far removed from the English history and heritage that make our islands so special.

**TIME ZONE**

Eastern Standard Time is observed in Cayman, but there is no change for daylight savings. Cayman is 5 hours behind Greenwich Mean Time (GMT).

**SHOPPING**

**FOREIGN EXCHANGE**

The Cayman Islands dollar (KYS) is on a fixed exchange rate — KYS$0.80 equals US$1.00. The US dollar is accepted throughout the islands. Automated Teller Machines are also available that dispenses both currencies.

**CREDIT CARDS**

American Express, Discover, Mastercard and Visa are widely accepted.

**BRING HOME CAYMAN**

Take a bit of Cayman home with you. There are a variety of locally produced products, ranging from marshmallows to candles and rum, available in several stores.

**GROCERIES**

If you would like to stock your fridge and cupboards, there are a few supermarkets located close to most major accommodations, where you can buy all the groceries you need during your visit.

**TRANSPORTATION**

We highly encourage you to roam and explore our islands however you feel comfortable. If you wish to get around at your own pace, rent a vehicle or scooter from one of the many rental companies. Just keep in mind that we are a British Territory, so we drive on the left. Alternatively, you can catch a bus/taxi that will take you exactly where you need to go. Be sure to download the CIGO Taxi Fare app from Google Play or Apple App Store to find out exactly what you should be paying. Taxi’s primarily are ‘cash only’.

**YEAR-ROUND APPEAL**

With temperatures ranging from 80-90 degrees Fahrenheit and water temperature from 78-86 degrees Fahrenheit, it’s pretty much summer all year-round in the Cayman Islands.

**SUSTAINABILITY**

In order to continue to thrive as a leading Caribbean tourism destination, the Cayman Islands heavily enforces littering and marine conservation laws to ensure our islands, and their waters, remain beautiful.

**RELIGION**

In the Cayman Islands, the dominant religion is Christianity. Within the Christian faith, there are quite a large number of different denominations such as United Church (Presbyterian and Congregational), Anglican, Jehovah Witness, Baptist, Church of God, other Protestant, Roman Catholic and Seventh Day Adventists.

**MEDICAL FACILITIES**

The Cayman Islands has a full complement of modern medical facilities on Grand Cayman and Cayman Brac, including government hospitals and private medical facilities like Health City. Little Cayman is staffed by a full-time nurse. Grand Cayman also houses a hyperbaric chamber.

**Island Hopping to our Sister Islands**

Experiencing the beauty and tranquility of Cayman Brac and Little Cayman is only a short plane ride away with Cayman Airways. There are multiple flight options, offered seven days a week, for you to choose from. Whether you want to take a day trip and be back in Grand Cayman in time for dinner or spend a day or two exploring the sister islands, our national carrier will get you there and back.

Visit caymanairways.com to view all flights and choose what works for you!
Cayman History

Discover our rich and colourful past, steeped in proud seafaring traditions with a ‘snapshot’ of interesting facts.

**Our National Symbols**

**Flag of the Cayman Islands**

The Cayman Islands flag was adopted in 1959.

**Our National Song**

“Beloved Isle Cayman,” was written by the late Mrs. Leila Ross Shier in 1930.

**Our National Folk Song**

“Munzie Boat” was written by the late Mrs. Julia Hydes.

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**10 Interesting Facts**

1. Christopher Columbus was the first explorer to record seeing the Cayman Islands in 1503.

2. The islands were teeming with turtles; hence the first name, given to the islands – ‘Las Tortugas’.

3. The islands soon changed its name from ‘Las Tortugas’ to ‘Caimanas’, named after a marine crocodile found on the islands. ‘Cayman’ is an evolved variation of the word which led to our current name, Cayman Islands.

4. The United Kingdom took control of the Cayman Islands along with Jamaica as a result of the Treaty of Madrid in 1670. The Cayman Islands were governed as a colony of Jamaica until 1962.

5. The earliest settlers arrived in the islands around 1658 as deserters from the British Army in Jamaica.

6. Other early settlers included pirates, Spanish refugees and shipwrecked sailors.

7. The first recorded permanent inhabitant of the islands was born on Grand Cayman around 1700.

8. The first recorded settlements were located on Little Cayman and Cayman Brac during 1833-1840.

9. The first British Royal to visit the Cayman Islands was Mary, Princess Royal on 22 March, 1960. Queen Elizabeth II visited the islands for 24 hours in 1983.

10. The Cayman Islands received its first written constitution by Royal order-in-council on 4 July, 1959.
Cayman Beaches

Whether you love watching the waves roll in or enjoy diving in, our beaches are spellbinding.
ADVENTURE IS CALLING...
EXPERIENCE THE REAL CAYMAN!

AUTHENTIC LAND ROVER "OPEN AIR" EXPERIENCE | SMALL GROUPS
LOCAL CAYMANIAN GUIDES | LEARN CAYMAN HISTORY & CULTURE

A premier land-based excursion for visitors to experience Caymanian culture in a vibrant and exciting way, leaving them with a greater appreciation of Cayman’s history, culture and people. A holistic Cayman experience, through interaction with locals and visits to key historic and cultural sites primarily in the Eastern Districts: Bodden Town, East End, and North Side.

For reservations, call 345-925-3002 • caymansafari.com
Feeling adventurous? Enjoy our parasailing, kite boarding and jet skiing options. And if you are with the family, then try out the Banana Boat, Scuba Diving or take on Snuba Diving. Consider spending the day fly fishing, going kayaking or a night time adventure with the Bioluminescent Tour. For a full listing of activities, visit us at VisitCaymanIslands.com.
As one of the world’s top dive destinations, it’s all here in the Cayman Islands. Tranquil calm waters, 100 ft. + visibility. Pristine shallow reefs filled with schooling fish and small invertebrates. Breathtaking steep, deep walls adorned with sponges and corals in a stunning array of colours. Legendary wrecks featuring photogenic structures and curious marine residents. And there’s also the World’s Best 12 Foot Dive - Stingray City. With the number of officially named dive sites in the Cayman Islands at 365, there are more reasons than ever to dive Cayman now.
Cayman Crystal Caves

One of Cayman's newest and most popular tourist attractions, Cayman Crystal Caves is situated in a lush tropical forest in North Side, Grand Cayman. All visitors receive 1.5-hour guided walking tours with a knowledgeable local tour guide that takes you through the surrounding tropical forest area and three spectacular caves. Amongst the forest and caves are captivating tropical plant and animal life, including strangler balsam trees, air plants, parrots and bats. You will also see stalactite and stalagmite crystal structures and otherworldly formations, formed by single drops of water and the slow passage of time. Explore Cayman down under!

Creativity Abounds
Art & Culture

The Cayman Islands is known for its unique and diverse variety of local arts and crafts. The art is reflective of the fun, spirited people as well as the rich culture and heritage that they share.

The National Gallery of the Cayman Islands
The National Gallery of the Cayman Islands is an inclusive gathering place which honors our artistic heritage, celebrates art and provides an inspiring learning experience for all. It is home to a significant body of Caymanian artwork which has been collected and maintained since the Gallery's inception.

Cayman Brac Heritage House
The Cayman Brac Heritage House serves as an interpretive centre for the culture and heritage of the Sister Islands. With various displays and cultural exhibitions, they keep yesterday's traditions alive for tomorrow. Explore the grounds or the weekly craft market for a unique souvenir.

The Cayman National Cultural Foundation
The mission is “to stimulate, facilitate and preserve cultural and artistic expression, particularly the preservation and exploration of Caymanian performing, visual and literary arts.” This organization manages exclusive pieces preserved at the “Miss Lassie’s House” location.

Local Art Scene
The local art scene is home to over 250 artists, these artists work on a wide range of mediums from paintings to video and assemblage. Work by many of these artists can be found in the National Gallery, various commercial galleries, and many more exhibition spaces across the islands.

Creativity Abounds
Art & Culture

The Cayman Islands is known for its unique and diverse variety of local arts and crafts. The art is reflective of the fun, spirited people as well as the rich culture and heritage that they share.
Wellness & Transformation

What sets the Cayman Islands apart goes beyond its beautiful beaches and crystal-clear waters. The Cayman Islands can provide a total immersion experience in active living, with fitness classes, fresh food, and more that warrant multiple days of indulgence. Here, you can pamper your body, relax your mind, and soothe your soul while on vacation. With a community that embodies a Caymankind spirit, it is truly a destination that will allow you to tune in and add to your happiness and wellbeing. From massages to meditation, the Cayman Islands experience is one of relaxation in its purest, most refined form.
Cayman Turtle Centre: Island Wildlife Encounter is all about conservation. Conservation of turtles, of course, but it is also much more. Apart from the Centre’s 50-year history of releasing thousands of turtles into the wild, rare birds such as White Crowned Pigeons and Cayman Parrots have been bred in captivity at the Centre’s Aviary, and then released too.

Each species has a unique and special place in the ecosystem. White Crowned Pigeons, for example, are known to be vital for spreading the seeds of different trees between islands on their inter-island migrations, creating habitats for a wide variety of other species. Likewise, marine ecologists call the Green Sea Turtle, a “Keystone” species because it is really a key component of reefs and sea. By grazing on the seafloor beds of the long filaments of algae known as turtle grass, it keeps them healthy and a home to all manner of baby fish, mollusks and crustaceans. In conserving these key species, Cayman Turtle Centre helps make sure that regional ecosystems are protected.

The Cayman Islands was once in the midst of a huge herd of turtles; millions strong. There were so many that when Christopher Columbus discovered the Islands in 1503, he called them Las Tortugas, which means The Turtles in Spanish. Since that time the turtle has been a part of Cayman’s culture and culinary tradition, but worldwide overfishing and other modern developments meant that in 1999, there was just one recorded nest left in Cayman. Now, that number has risen by a hundredfold, and it has been found, by DNA testing, 90% of Green turtles nesting in Cayman come from releases made years ago by Cayman Turtle Centre. Thousands of captive-bred and raised head-started and hatchling turtles have been released since the Centre began. Head-started turtles are given a head-start in life, because we protect them in a safe environment, through their first, most vulnerable year of life.

Recently we teamed up with local dive boat operations, such as Cayman Turtle Divers, to take little turtle hatchlings, just a few days old, out in the dive boats and past the danger of the beach and shallow reef area where predators lurk, to the safety of big clumps of Sargassum seaweed. These densely matted rafts of algae are known to be the tiny hatchlings’ preferred habitat for the first year of their lives, because they can find plenty of food there.

Beach visitors and hotel guests are very curious about our egg translocations because we actually take a clutch of eggs that are almost ready to hatch, and carefully translocate them to a new nest on Cayman’s beaches. The nests are watched over until they hatch, and the tiny hatchling turtles scramble into the sea.

For us, education means more than learning facts and figures. Thousands of school students of all ages visit Cayman Turtle Centre every year because seeing the animals they have read about in books makes lessons truly come alive. Because, uniquely, all the life-stages of a turtle are present in one place, the Centre facilitates research by many university students and scientists, contributing to the body of knowledge throughout the world, to conserve turtles even better.

Perhaps the most important way we conserve wildlife is by giving the quarter of a million people who visit the Centre every year the opportunity for a life-changing encounter with wildlife. After they have seen, or snorkled with our turtles and fishes, they will never be the same again. Like ripples spreading out in a lake, each changed life will be more likely to protect wildlife wherever they live, because they will be carrying an amazing encounter inside them.

Saving tomorrow’s turtles... today!

345-949-3894  www.turtle.ky
**CAYMAN Wildlife**

**ONE**
The Cayman Islands are a part of a mountain range called the Cayman Ridge, which rises more than 7,500m from the ocean floor.

**TWO**
The Cayman Islands are the peaks of a limestone mountain, and limestone is really porous; all the water just runs through it rather than off it making Cayman one of the world’s top diving locations.

**THREE**
Parrotfish assist with bioerosion by excreting sand; they munch on rock and coral, and it comes out as sand which is why there are so many great beaches on the islands.

**FOUR**
Cayman has its very own blue dragon, an iguana found nowhere else in the world which is incredibly rare and really is blue.

**FIVE**
In the middle of North Sound on Grand Cayman, wild Southern stingrays gather in huge numbers at a place called ‘Stingray City’ where you can get in the water and interact with them.

**SIX**
The Cayman Islands are home to three sea turtle species: the green, the loggerhead, and the hawksbill.

**SEVEN**
The only native land mammals of the Cayman Islands are bats, some of them only eat fruit such as wild almonds and some only eat insects such as moths, beetles and mosquitoes.

**EIGHT**
There are over 230 species of birds in the Cayman Islands with Little Cayman having the largest colony of red footed boobies in the Western Hemisphere.

**NINE**
The Grand Cayman pygmy blue Bephidium exilis thompsoni is a Grand Cayman endemic subspecies of butterfly, found nowhere else in the world.

**TEN**
One of only a dozen places worldwide exists a rare and magical phenomenon of bioluminescence. There is a secret bay on Grand Cayman with this extraordinary natural light show, caused by a high concentration of plankton alongside red mangroves and minimal light movement in the sheltered water, resulting in a stunning bioluminescence light, best seen on very dark nights.
CAYMAN Festivals

COME CELEBRATE

Each holiday is a chance to see Cayman through new eyes. Every celebration is an opportunity to hear it through new ears. You could traverse our paradise a hundred times, but if there are any events you have yet to attend, and places you have yet to visit then your next trip can still feel like the very first time. Just take a look at what’s in store. visitcaymanislands.com
Cosmopolitan Grand Cayman

The largest of the three islands. Cosmopolitan Grand Cayman offers a wealth of activities, restaurants, accommodation and attractions. The capital, George Town, offers some of the finest shopping in the entire Caribbean.
GRAND CAYMAN

Attractions Map

1. Stingray City
2. Morgan's Harbour
3. Barkers National Park
4. Hell Geological Site
5. Miss Izzy's Schoolhouse
6. Cayman Motor Museum
7. Cayman Turtle Centre
8. West Bay Public Beach
9. Ex-USS Kittiwake
10. Governor's Beach
11. Cayman Islands Yacht Club
12. Blue Tip Golf Course (Ritz-Carlton)
13. Seven Mile Beach
14. North Sound Golf Club
15. Camana Bay / Camana Bay Farmer's Market
16. National Gallery
17. Fort George Historic Site
18. Cayman Spirits
19. Tortuga Rum Company
20. National Museum
21. Atlantis Submarine
22. Dr. Roy's Ironshore Historic Site
23. Cayman Craft Market
24. Smith's Barclade Public Beach
25. National Trust Visitor Centre
26. George Town / Royal Waterfront Cruise Terminal
27. Smith's Barbados Public Beach
28. Fort Prospect Historic Site
29. Governor Michael Gore Bird Sanctuary
30. Sports Public Beach
31. Jackson Wall Historic Site
32. Savannah Schoolhouse Historic Site
33. Pedro St. James National Historic Site
34. Bodden Town Guardhouse Park
35. Bodden Town Public Beach
36. Mission House Historic Site
37. Heritage Beach
38. Blow Holes
39. Lighthouse Park
40. Wreck of the Ten Sails Historic Site
41. East End Public Beach
42. Salina Reserve
43. Queen Elizabeth II Botanic Park
44. Blue Iguana Recovery Program
45. Mastic Reserve and Trail
46. Cayman Crystal Caves
47. Central Mangrove Wetlands Reserve
48. Cayman Kai Public Beach
49. Rum Point
50. Starfish Point
51. Kaibo Public Beach

VisitCaymanIslands.com
GRAND CAYMAN
Things to Do

With such a diverse range of pursuits to enjoy and explore, your visit here can be filled with activity day and night. Do it all, or do nothing at all.

ATLANTIS SUBMARINE
Experience the thrill of riding in a real submarine as you explore the marine life in Cayman’s water.
caymanislands submarines.com

BLUE IGUANA RECOVERY PROGRAM
Established in the 1990s by the National Trust to protect the Blue Iguana which is Grand Cayman’s largest native land animal. Located in Queen Elizabeth II Botanic Park.

CAMANA BAY
A lively waterfront town where you can satisfy your foodie cravings, shop for all things local and explore our weekly Farmers & Artisans Market.
camanabay.com

CAMANANA CRYSTAL CAVES
Situated in a lush tropical forest in Northside, Grand Cayman. Cayman Crystal Caves is the island’s newest nature tourist attraction.
cayman crystal caves.com

CAVYMAN ISLANDS NATIONAL MUSEUM
One of Cayman’s few remaining 19th century structures built almost 200 years ago. With a collection of over 8,000 items, explore the museum to learn more of the Cayman Islands.
museum.ky

CAVYMAN TURTLE CENTRE
A world class experience, showcasing Caymanian wildlife and heritage while hosting an internationally renowned research and conservation centre for sea turtles.
turtle.ky

FESTIVALS AND ACTIVITIES
From pirate invasions to street parades and mouth-watering culinary experiences; bask in our rich culture and experience our islands.

GOVERNOR GORE BIRD SANCTUARY
Situated in the Spotts Newlands area of Grand Cayman, the pond has a variety of bird life visitation. Over 60 species have been observed here at one time or another!

HELL GEOLOGICAL SITE
Hell is found at the end of a road paved with good intentions. Discover our West Bay village, Hell, named after one million year old rock formations. Postcards “from Hell” are available to send to friends and family back home.

HORSEBACK RIDING
Walk, trot, canter or swim along the gorgeous white sand beaches of the Cayman Islands.

MASTIC TRAIL
Stretching two miles, the Mastic Trail is a great example of the Caribbean’s dry, subtropical forests.

MISSION HOUSE
Once a home to missionaries, teachers and families who contributed to establishing the Presbyterian ministry and school in Bodden Town.

PEDRO ST. JAMES
Standing as the oldest building on Grand Cayman, is an authentic Caribbean great house built in the early 18th century and known as the birthplace of democracy in Cayman.
pedro st. james.ky

QUEEN ELIZABETH II BOTANIC PARK
Enjoy a unique blend of natural beauty, culture and history with the simple elegance of a traditional Caymanian garden and startling display of exotic flora.
botanic-park.ky

RUM POINT
Located on the picturesque north side of the island, “Rum Point” is famous for its mudslides, white sandy beach and shallow clear waters.

STINGRAY CITY
Perhaps the Cayman Islands’ most famous attraction, Stingray City, and the nearby shallows known as “The Sandbar” in the North Sound, provide the only natural opportunity in the world to swim with more than two dozen Atlantic Southern Stingrays that enjoy the company of humans.

Culinary Capital of the Caribbean

Culinary Excellence
With over 200 restaurants covering a variety of cuisines that span the four corners of the world, as well as top-tier culinary events, the Cayman Islands is widely considered as the Culinary Capital of the Caribbean.

Treat yourself to some fine dining, or stick to something familiar, we have something for you. For more information on where to eat, visit culinarycapital.com.

Local fare

Cayman Islands food reflects the rich cultural heritage of the islands and incorporates several international flavours. Anything you can make with conch, coconut, plantain, cassava, yams, tuna, snapper, mangos and mahi, has been prepared in the Cayman Islands.

Grape Tree Café
T: 345-324-5860
W: grapetreecafe.ky
Come on down to Cayman’s best fish fry joint according to Trip Advisor reviewers! A favourite among locals and visitors alike, Grape Tree Café is sure to please your taste buds with delicious Caribbean delights like fried fish and fritters, fried breadfruit and plantain to name a few.

Cayman Cabana
T: 345-946-1115
W: caymancabanarestaurant.com
E: caymancabana@gmail.com
Cayman Cabana collaborates with local farmers and fishermen to host a Thursday weekly “Oceanside farm to table dinner series”. It is authentic, true to its name and heritage.

Captain Herman’s Fish Fry
Enjoy a plate of delicious curried shrimp while sitting under colourful tables decorated with thatch roofs. Relax as you enjoy a local favourite of fried fish with a side of festival – a sweet fried dumpling. Be mesmerised by the sound of the waves crashing on the shores of the old fishing village of East End.
Local Market Scene

A dedicated group of Caymanian farmers, skilled artisans, creators and purveyors showcase their work around the island.

Grand Cayman boasts two convenient locations to purchase fresh produce, products and locally crafted gifts. Every Saturday at the Farmers Market in George Town on Hulihah Avenue and The Market at Camana Bay.  

The Markets hosts over 30 local farmers and vendors throughout the week giving you a wide range of products from fresh produce to cooked meals. Get your local harvest of vegetables from zucchinis to peppers and pumpkins or local fruits like star fruit and watermelons. Don’t miss out on some must haves (coconut oil, pickled pepper mango jam and body scrubs to name a few.) Be sure to take home unique souvenirs such as scented candles, hand crafted soap or jewelry made from the semiprecious stone indigenous to the Cayman Islands called Caymanite.

If you’re looking for something other than the produce scene then check out the crafts market section. You’ll be sure to find a scene of weaved-thatch products, including bags, hats, fans, placemats, and traditional “Waru” board games. If you’re in the sister islands, be sure to check out Cayman Brac’s Local Market. Cayman Brac hosts a local market every Saturday morning giving their touch on local produce and crafts.
Let’s face it, sometimes a Caribbean vacation isn’t all about relaxing on the beach. If you decide you’re looking for something a little more exciting once the sun sets, there are a number of restaurants, bars and lounges that provide live entertainment or a DJ to keep you moving.

For a full list of nightlife experiences visit VisitCaymanIslands.com.
BAREFOOT SAND TO SEA LUXURY
VISIT GRAND CAYMAN

4 bedroom/4 bathroom condominiums sleep 10 / Rates starting at $799 per night
To find out more, visit BoggySands.club

Reference this ad at booking to receive a complimentary gift basket filled with Cayman treats.
**Where to Stay**

Whether you’re imagining a bungalow off the beaten track or a penthouse suite with breathtaking sea views, the place where you put your feet up during the day and lay your head down at night will be everything you hoped for.

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This map highlights the properties in the West Bay district and the Seven Mile Beach area (which runs from West Bay to George Town).
GRAND CAYMAN \ West Bay-Seven Mile Beach \ Apartments

Lighthouse Point Dive Resort (Units 1, 5, 6, 7, 9)
833-926-5658 / 345-926-5658
lighthousepointdive@gmail.com
lighthousepointdiveresort.com

Regal Beach Club
888-928-8939 / 345-916-5501
reservations@regalbeach.ky
www.regalbeach.ky

Sea Breeze #8
800-235-5888 / 345-945-4144
reservations@caymanvillas.com
caymanvillas.com

Tamarind Bay Condominiums
866-565-8297 / 345-949-4593
tambaycayman@gmail.com
tamarindbaygrandcayman.com

Silver Sands Condominiums
345-949-3343
silver@candw.ky
silver@candw.ky

Seadull #30
345-326-3025
daustin@ims.ky

Silkstone Club
888-235-5888 / 345-945-4144
reservations@caymanvillas.com
www.caymanvillas.com

Regal Beach Club
311, 112, 121, 211, 214, 221, 223, 224, 321, 322, 332, 411, 412, 422, 431, 511, 521, 623, 631
800-235-5888 / 345-945-4144
reservations@caymanvillas.com
caymanvillas.com

Poinsettia
800-235-6243 / 345-926-4340
poinsettia@caymanvillas.com

Plantation Village #41
800-235-6243 / 345-926-4340
www.caymanvillas.com
caymanvillas.com
GEORGE TOWN

HOTELS
1. Grand Caymanian Resort
2. Holiday Inn Resort Grand Cayman
3. Sunset House

GUEST HOUSES
4. Addison & Lee
5. Annie’s Place
6. Casa de Bells
7. Casa Luna
8. Castillo Caribe
9. Crystal Village
10. Deck Houses At The Ritz-Carlton
11. Exclusive Resorts Villas @ Ritz-Carlton
12. Luxury Cayman Villas
13. Mango Gardens
14. Nirvana
15. Picture Perfect
16. Point of View
17. Rosemont
18. Seven Treasures
19. Snowbird’s Paradise
20. Sugar Reef
21. Surfer’s Paradise
22. Tatenda
23. Villa Amarone
24. Villa Mora
25. Britannia Crown Court
26. Britannia Villa
27. Caribbean Paradise
28. Coral Bay
29. Cozy Nest
30. George Town Villas
31. Harbour View Apartments and Studios
32. King’s Court Villa
33. Palm Heights Residence
34. Sun Spots
35. The “M” @ the Edge

APARTMENTS
29. Cozy Nest
30. George Town Villas
31. Harbour View Apartments and Studios

GRAND CAYMAN \ George Town \ Hotels \ Guest Houses

GRAND CAYMANIAN RESORT
855-722-1928 / 345-949-3100
reservations@grandcaymanian.ky
grandcaymanian.ky

HOLIDAY INN RESORT
855-722-1928 / 345-949-3100
reservations@grandcaymanian.ky
hiresortgrandcayman.com

CARIBBEAN PARADISE
800-235-5888 / 345-945-4144
reservations@caymanvillas.com
caymanvillas.com

SUNSET HOUSE
800-854-4767 / 345-949-7111
reservations@sunsethouse.com
sunsethouse.com

ANNIE’S PLACE
345-945-5505
aamcl.rentals@gmail.com

WINDSONG APARTMENTS 1, 2, 3, 4
978-393-1555
windsong.ky

WHITE SANDS 1, 3, 4, 9 & 16
800-235-5888 / 345-945-4144
me@windsong.ky

HANOVER APARTMENTS 1, 2, 3, 4
978-393-1555
windsong.ky
GUEST HOUSES
1. Blue Turtle
2. Coral Beach House
3. Evolution
4. In Harmony
5. Morning Glory
6. On the Rocks
7. Pease Bay House
8. Present Moment
9. Savhaven House
10. Sea Spray Cottage
11. Serenity Sands
12. Southern Ayr
13. Tranquility Cove
14. Coco Beach Villas
15. JC Cozy Spot
16. Moon Bay #27
17. Ocean Club Oasis #19
18. Turtle Nest Inn & Condos

APARTMENTS
14. Coco Beach Villas
15. JC Cozy Spot
16. Moon Bay #27
17. Ocean Club Oasis #19
18. Turtle Nest Inn & Condos
**EAST END**

**Guest Houses**
1. Beach House
2. Bella Vista #64
3. Casa Tortuga
4. Cayman Castle
5. Crescent Beach
6. Endless Breeze
7. Fishbones
8. Great Bluff Estates
9. Lone Palm
10. Mahogany Cove
11. Oceansus
12. Our Cayman Cottage
13. Piece of Mine Luxury Villa
14. Sea Beauty
15. Shellen
16. Stepping Stone
17. White Cottage
18. Castaway Cove #113
19. Compass Point Dive Resort (Phase 1 & 2)
20. The Wyndham Reef Resort

**Apartments**

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**GRAND CAYMAN \ Bodden Town \ Apartments**

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**GRAND CAYMAN \ East End \ Guest Houses**
Adventurous Cayman Brac

Unspoiled and unhurried. An island where breathtaking natural attractions and a rich seafaring heritage will awaken your adventurous spirit. A nature lover’s paradise where diving, birding and snorkelling are celebrated.

Nature / Island Tours
We invite you to take a FREE tour with a trained local guide.
Cayman Brac has so much to offer above and below the water and it’s all at your fingertips. With this free service you can customize your tour to your preferences. Traverse ancient forests through marked natural trails and boardwalks, birdwatch at nearby marshes and wetlands, snorkel famous caves or stand tall at the highest point in the Cayman Islands.
Contact for more information: (345) 948-2222 or naturecayman@gov.ky
*Transportation not included

Cayman Brac Museum
Come visit with us at the oldest Museum in the Cayman Islands!
Enjoy our intriguing displays and exhibits on the turtleing, ship-building, home life and much more as we create a window to our past.
Step back in time in our quaint building, an artefact itself, located in the island’s capital. Catch a glimpse of the way of life in Cayman Brac and Little Cayman from yesteryear.
Hours: Monday – Friday 9am - 12noon, 1pm - 4pm
Sat. 9am - 12noon
Contact: (345) 948-2222
Free admission

Cayman Brac Heritage House
Set on over an acre of land in North East Bay, the Heritage House is a modern version of an old Caymanian home, and holds the great privilege of providing a living example of Caymanian heritage. This cultural hub is often the host site of numerous community cultural events, artistic and historic exhibits, and a variety of cultural programmes.
Tours of the grounds highlight the wealth of both native and imported trees and flora, as well as the Lazzeri leather tannery troughs.
Hours: Monday – Friday 8:30am - 12noon, 1pm - 5pm
Contact: (345) 948-0563
Free admission
CAYMAN BRAC
Attractions Map

1. West End Point Outlook
2. Westerly Ponds (west and east)
3. Salt Water Pond
4. To Rebecca's Cave/Salt Water Pond Walk
5. Salt Water Pond Walk
6. Salt Water Pond Walk (reverse)
7. Rebecca's Cave Historic Site
8. The Marshes Wetlands
9. Bat Cave
10. Great Cave
11. Beach Walk to First Cay
12. Lighthouse
13. Little Cayman Brac Outlook
14. Lighthouse Footpath
15. Long Beach
16. Peter's Outlook
17. Lighthouse Steps
18. Peter's Cave
19. Spot Bay Community Park
20. Big Channel Road Outlook
21. Cayman Brac Heritage House
22. Spellman McLaughlin Historic House
23. Eldemire Historic House
24. Cayman Brac Sports Complex
25. National Trust Parrot Reserve and Nature Trail
26. Bight Road (south)
27. Bight Road (north) – reverse direction
28. Bight Road (north)
29. Christopher Columbus Gardens
30. Nani Cave
31. Agriculture Show Grounds
32. Half Way Ground Cave
33. Hemmington Road Hiking Trail
34. Hemmington Road Hiking Trail (reverse)
35. Deadman's Point
36. Deadman's Point Bluff Road (reverse)
37. Cayman Brac Museum
38. Captain Charlie Kirkconnell's Historic House
39. Stake Bay Walk
40. National Trust House
41. Mass Gravesite
42. The Splits
43. MV Captain Keith Tibbetts Wreck
44. Cayman Brac Community Park
45. Walk to Windlass of S.S. Kersearge
CAYMAN BRAC
Things to Do

THE BLUFF
The Bluff commences at the West End of the island and extends throughout the rest of the island down to Spot Bay. It is the highest point on this island as well as throughout the Cayman trio. On the Bluff there are hundreds of caves and crevices of all sizes to explore whether by hiking or rock climbing.

CAYMAN BRAC LIGHTHOUSE
From the Parrot Reserve, continue travelling on Major Donald Drive east to the Lighthouse, located at the end of the road - there are actually two lighthouses at this point; a historic lighthouse and a newer model. Both are just lights atop tall towers but the view from this area is dramatic. What makes the view dramatic is the 153-foot-high Bluff, the highest point in the Cayman Islands. A trail weaves its way to the edge of the Bluff and provides excellent photo opportunities. Rocky paths make their way along the Bluff; wear hiking boots for this challenge.

CAYMAN BRAC MUSEUM
The front room of the museum pays homage to the building’s past iterations. Moving throughout the museum, visitors will encounter a collection of dental pliers of old, a scale model of a catboat, and exhibits discussing the history of ship building, turtleing, destructive weather, and old-time living.

CHRISTOPHER COLUMBUS GARDENS
Located on the Bluff, the park is home to the Wall of Honour, several boardwalks and gazebos constructed to fit in with the natural surroundings. The Wall of Honour, has the names of 500 persons who have made a significant contribution to Cayman Brac and Little Cayman over its 500 year history.

WRECK OF THE RUSSIAN FRIGATE (MV CAPT. KEITH TIBBETTS)
The relatively young wreck dive is the famous MV Captain Keith Tibbetts, a huge 330 foot long Russian Brigadier Type II Class frigate that was scuttled in the north shore of Cayman Brac in September 1996. The Keith Tibbetts is a great dive and one of the few Soviet Union wrecks in the Western Hemisphere.

NATURE CAYMAN
Nature Cayman showcases the best in nature tourism in Cayman Brac and Little Cayman. Experience our endemic wildlife as well as our local flora in their natural habitat with our trained Nature Tourism Guide. The programme also highlights our many cultural and historic sites. Free tours are offered to enjoy these natural wonders. Hike one of our many nature trails, see our unique island history, go spelunking, or have a chat with the locals. It’s all at your fingertips.

T: 345-948-2222
E: naturecayman@gov.ky
naturecayman.com
Cayman Brac Accommodation

HOTELS
1. Cayman Brac Beach Resort
2. 29 Palms
3. Bliss Beach House
4. Brac Beach House
5. Captain’s Cove
6. Cayman Brac Beach Villas
7. Cayman Cottage
8. Coral Beach Villa
9. Escape from Reality
10. Featherstone’s House of the Rising Sun
11. Hammock Moon
12. Stefan Meadows
13. Southern Beach Villa
14. The Bach @ Brac
15. Tranquility
16. Tropical Run Away
17. Turtle Crossing
18. Villa Villekulla
19. Brac Caribbean Beach Village
20. Carb Sands Beach Resort
21. McCoon’s Villas
22. Ocean Wave Apartments

GUEST HOUSES
23. 29 Palms
24. Bliss Beach House
25. Brac Beach House
26. Captain’s Cove
27. Cayman Brac Beach Villas
28. Cayman Cottage
29. Coral Beach Villa
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APARTMENTS
43. 29 Palms
44. Bliss Beach House
45. Brac Beach House
46. Captain’s Cove
47. Cayman Brac Beach Villas
48. Cayman Cottage
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50. Escape from Reality
51. Featherstone’s House of the Rising Sun
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54. Southern Beach Villa
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62. Ocean Wave Apartments

VisitCaymanIslands.com
Tranquil
Little Cayman

Tranquil and serene. Blessed with pristine white sand beaches and miles of untouched wilderness. A favourite of divers, naturalists and photographers. Quietly redefining the word paradise, where time stands still.
Little Cayman Attractions Map

1. Paradise Villas Resort / Hungry Iguana Restaurant
2. Gladys B. Howard
   Little Cayman National Trust House
3. Blossom Village
   Community Park
4. Little Cayman Museum
5. Historic Caymanian Houses
   and Graveyard
6. Booby Pond
7. Bird Outlook on Booby Pond
8. Owen Island
9. South Hole Sound
10. Kingston Bight
11. Tarpon Lake
12. South Coast
13. Easterly Ponds
14. Coot Marsh
15. Muddy Foots
16. Sandy Point Pond
17. Point of Sand
18. East End Point Lighthouse
19. Sink Holes Viewing Area
20. Grape Tree Ponds
21. Jackson’s Pond
22. Jackson’s Point Beach
23. Bloody Bay
24. Spot Bay Pond
25. Mule Pens
26. Salt Rock Dock
27. West End Lighthouse
28. Salt Rock Nature Trail
29. Westerly Ponds
30. Preston Bay Boardwalk
**Little Cayman Things to Do**

Go bird watching, hiking, beachcombing, fishing, snorkelling or simply laze the day away in a hammock beneath a palm tree. Small yet utterly spectacular. Here, you can truly relax in body and soul.

**POINT O’ SAND**
Grab a picnic basket, your favourite drinks and make a day of it at this astoundingly beautiful and quiet beach. The depth of the water stays ankle deep for just over 15 feet then gradually drops off making it an ideal beach for basking in the sun while staying cool.

**LITTLE CAYMAN MUSEUM**
Like the larger sister islands, Cayman Brac and Grand Cayman, Little Cayman also has its own museum. Step back in time as you learn about the work, hobbies, and the life of the people who lived on Little Cayman so many years ago. Admission Free.

**BLOSSOM VILLAGE**
This area on Little Cayman is probably the area that was inhabited by some of the first settlers. It was and still is the main town on this island. Blossom Village is home to the Quincentennial Monument that was erected in honour of brave Caymanians who dedicated their lives to serve their country. These brave men and women helped to put Little Cayman on the map.

**LITTLE CAYMAN NATIONAL TRUST HOUSE**
This traditional Caymanian cottage overlooks the Booby Pond Nature Reserve. Telescopes on the breezy second-floor deck permit close-up views of their markings and nests, as well as the other feathered friends. Inside you’ll find shell collections, panels and dioramas discussing endemic reptiles, models “in flight,” and diagrams on the growth and life span of red-footed boobies, frigate birds, egrets, and other island “residents.” The shop sells exquisite jewellery made from Caymanite and spider-crab shells, extraordinary duck decoys and driftwood carvings, and great books on history, ornithology, and geology.

**OWEN ISLAND**
For a real adventure and a true taste of Cayman watersports, visit the island getaway Owen Island, a small islet just off the south-western coast of Little Cayman. The only way to reach the island is by sailboat or kayaking across the waters of Bloody Bay, so be prepared for an exciting voyage! If you love the idea of a Caribbean island getaway to a secluded beach for the ultimate in romance, rest, and relaxation, Owen Island is the vacation for you.

**BOOBY POND**
Colony of 20,000 red-footed boobies (the largest in the Caribbean) and 350 magnificent frigatebirds, major breeding and overwintering site for herons, shorebirds, waders and ducks, including the endemic West Indian whistling-duck. Owned and protected by the National Trust, it is a RAMSAR site and a wetland of international importance.
LITTLE CAYMAN Accommodation

HOTELS
1. Little Cayman Beach Resort
2. Paradise Villas
3. Pirates Point Resort
4. Southern Cross Club

GUEST HOUSES
5. Beachcomber’s Paradise
6. Blossom Village Cottage
7. Casa Cassiopeia
8. Head O Bay
9. Little Cayman Escape
10. Rock House

APARTMENTS
11. Sir Turtle Villa 1

VisitCaymanIslands.com
CAYMAN ISLANDS
DEPARTMENT OF TOURISM

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